

# Kennedy Klips

Volume 15, Issue 2

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February 27, 2013

## Calendar

### Fish Fry Friday

March 1, 2013, 5:00—7:30 p.m.  
Pan Fried or Deep Fried Walleye  
Salad Bar, French Bread and Choice of Potato  
At the Kennedy Café...Take-out available.

### Pie Social & Bon Voyage Party

Tuesday, March 5, 2013, 2:45 p.m.  
At the Kennedy/Donaldson Sr. Center  
Serving homemade pie and sending  
Josh Pietruszewski off to Europe!

### City Council Meeting

Monday, March 11, 2013, 7 p.m.  
At the City Office.  
Public is encouraged to attend.

### Thirsty Thursdays

Every Thursday, 5:00—7:30 p.m.  
Chicken and Beer  
At the Kennedy Café...Take-out available.

### DELINQUENT WATER BILLS DUE

Wednesday, March 13, 2013, 2 p.m.  
At the City Office.

### WATER DISCONNECTION DAY

For All Delinquent Accounts  
Thursday, March 14, 2013, 8 a.m.

### Mexican Night

Monday, March 18, 2013  
5:00—7:30 p.m.  
A good variety of favorites will be served.  
At the Kennedy Café...Take-out available.

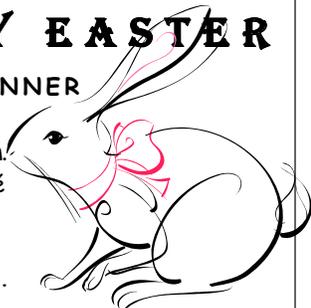
### All You Can Eat Ribs

Tuesday, March 26, 2013  
5:00—7:30 p.m.  
Ribs, salad, garlic toast and potato.  
At the Kennedy Café...Take-out available.

## HAPPY EASTER

### SUNDAY DINNER

March 31, 2013  
8:00 a.m.—1:30 p.m.  
At Kennedy Café  
Complete Menu  
& Specials...  
Take-out available.



## Nutrition Assistance Program for Seniors

A MINNESOTA DEPARTMENT OF HEALTH & USDA NUTRITION PROGRAM

The Nutrition Assistance Program for Seniors (NAPS) is part of what is nationally known as the "Commodity Supplemental Food Program" (CSFP). The commodities available through this program include *food items only* and are delivered once a month. In Kennedy, the commodities are available at the Kennedy/Donaldson Senior Center for pick-up or delivery, after lunch on the second Wednesday of every month.

### WHO QUALIFIES FOR THE PROGRAM?

Anyone meeting the following three criteria: 1) sixty years of age or older and providing food for themselves; 2) living in Minnesota; and, 3) whose household income is within the guidelines of the program.

**HOW DO I APPLY?** Apply over the phone by calling Lori Tate at 1-877-281-3272, and once the phone is answered, press 1. Lori will be on vacation from March 4-8, so call

soon to qualify for the March delivery. The Kennedy city clerk will be happy to assist any Kennedy resident with the application process, should you need assistance.

### WHAT FOOD ITEMS ARE PROVIDED?

The foods chosen contain nutrients needed for good health. A variety is provided each month. Some of the food items included are canned fruit and vegetables; bottled juice; canned tuna, chicken, chili and beef stew; rice or pasta; peanut butter or dry beans; hot or cold cereal; and milk and cheese.

NAPS is a supplemental food program, not a total food program. The goal is to help seniors have a healthy diet. Money saved by participating in the program can then be spent on fresh food items needed to achieve a balanced diet, such as fresh fruits, vegetables, fish and meat. Recipes and nutritional education are also available.

## CITY COUNCIL BEGINS WATER PROJECT PROCESS

In January, 2013, the City of Kennedy began its research on an upcoming water project. After speaking with a number of engineering firms, the council invited a representative from the firm KLJ to speak at the February council meeting.

KLJ has extensive experience helping plan and maintain community infrastructure and has worked with a number of communities in our area including Argyle, Grafton, Barnesville, Grand Forks and Fargo.

In addition to nearly 75 years of community infrastructure engineering experience, KLJ also offers services to help communities navigate the project process. It is KLJ's no fee policy for the writing of project specifications, and assisting in the government required request for proposal (RFP) process, which they believe sets them apart from their competition. Furthermore, they are the only engineering firm in our area with a government affairs staff that is available to help with the grant and financing process.

At that February meeting, the council passed a resolution to accept the free of charge services offered by KLJ. Once the RFP process has been completed, an engineer for the actual project will be selected. KLJ will be required to participate in the bid process.

**THE WATER PROJECT.** The water project being looked at is the replacement of a section of line that runs above ground, and across the coulee. This section of pipe was installed by the WPA in the 1940s. The valves along this line are as old as the pipe, and do not shut off completely, making it necessary to completely drain the water tower to perform repairs. It was this section of pipe that broke both in December, 2010, and again in December, 2011, leaving the entire city without water for eight hours. So far, we have been lucky this winter.

It is too early in the process to know if the project will take place this summer or next. The City would like to do the work as soon as possible and will keep it's residents apprised as the project proceeds.

## Senior Center March Menu

<b>Tuesday, March 5</b> Roast Turkey/Stuffing Mashed Potatoes Green Beans Pear Sauce	<b>Wednesday, March 6</b> <b>Potato Dumplings</b> Polish Sausage Coleslaw Cookie	<b>Thursday, March 7</b> Beef Tips in Gravy Rice Glazed Carrots Gingerbread w/topping
<b>Tuesday, March 12</b> Baked Chicken Mashed Potatoes Stuffing Squash	<b>Wednesday, March 13</b> Dumpling Soup Meat Sandwich Jell-O w/Fruit Cookie	<b>Thursday, March 14</b> Beef Stew Coleslaw Biscuit Bar
<b>Tuesday, March 19</b> Hamburger Gravy Mashed Potatoes Peas & Carrots Cake	<b>Wednesday, March 20</b> Wrapped Brats <i>or</i> Foot Long Hotdog Potato Salad Baked Beans	<b>Thursday, March 21</b> Hamburger Hotdish Lettuce Salad Green Beans Bread Sticks
<b>Tuesday, March 26</b> Ham Baked Potato Squash	<b>Wednesday, March 27</b> Swiss Steak Mashed Potatoes Creamed Corn	<b>Thursday, March 28</b> Pork chops Mashed Potatoes Green Beans

**Meals served at 11:30 a.m. Everyone welcome.  
 Call 674-4396 a day in advance to order a meal.**

Suggested Price: \$3.85 *or ability to donate* for 60 years and over & spouse;  
 \$6.60 for under 60 years; and \$3.30 for under 12 years (½ portion).

### THAT'S NO EXCUSE!

"Do you believe in life after death?"  
 a boss asked her employee.

"Yes, mam," the employee replied.

"That explains it," the boss nodded.

"Yesterday, after you left early to go  
 to your grandmother's funeral—  
 she stopped in to see you."



## March Birthdays

- 6<sup>th</sup> Miranda Gustafson
- 9<sup>th</sup> Eva Langen
- 13<sup>th</sup> Marge Stromberg  
Katie Langen
- 14<sup>th</sup> Waylin Olson
- 16<sup>th</sup> Kyle Langen
- 17<sup>th</sup> Randy Jansen
- 24<sup>th</sup> Cindy Urbaniak
- 25<sup>th</sup> Jonathan Turn
- 26<sup>th</sup> Addison Kaul  
Alex Kaul
- 27<sup>th</sup> Tracy Larson
- 28<sup>th</sup> Betty Lindberg
- 31<sup>st</sup> Austin Cosley



## Odds & Ends

**THANK YOU** to everyone who supported the Kennedy/Donaldson Senior Center meat-ball supper on February 2. About 135 dinners were served on that snowy, wintery evening and the money raised will pay Center expenses for almost half the year. Many people donated food, time and money to make the event a success. And, many, many others made generous donations in addition to the price of the meal. Again, thank you to all that participated.

**THANK YOU** to the following snow birds and area businesses for their donations to the KD Senior Center:

**CHAR & LYNN RYNNING**  
**DORIS & PETER MORTENSON**  
**JOHNSON OIL**  
**TRUE NORTH EQUIPMENT**

**W A N T E D!** Kennedy High School year books for every graduating class. Please contact the city office if you have year books to donate or if you have any questions about this project.

**125th ANNIVERSARY COMMITTEES** set to start forming in March. Stay tuned.

**SNOW DAY REMINDER** Move all vehicles off of city streets so the plow can do its job. Also, blow your snow into your yard and not onto city streets.

**GARBAGE BAGS** are available at the city office, the city shop and the senior center.